

HELEN PARIS & CAROLINE WRIGHT

OUT OF WATER



PHOTO CREDIT: TONY MILLINGS

Created by Helen Paris and Caroline Wright

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**ARTS
ADMIN.**



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OUT OF WATER

*The singers are out of breath
The swimmers are out of their depth*

On the beach, the sea glistens mirage-like in the distance. In the early morning light a group of singers and swimmers strike out towards the water's edge until they span the wide expanse of beach. They each look towards the sea, eyes intent, focused on the horizon, searching for something. Is somebody lost at sea?

Out of Water is an outdoor performance for beaches featuring singing, swimming, music and movement. An atmospheric soundscore is broadcast live to audience members via headsets, and as they are lured further towards the sea, a mesmerising and enchanting spectacle emerges along the shore.

Out of Water comprises a sound-score by BAFTA-winning composer Jocelyn Pook and a live performance from internationally acclaimed soprano Laura Wright. Helen Paris and Caroline Wright recreate the piece for each new location alongside performers and swimmers who are recruited locally.

FURTHER INFORMATION

QUOTES

"Holkham Beach is probably my favourite place on earth and I thought the whole work, the atmosphere it created, the sincerity and commitment of the performers created a really fitting piece." Audience member, Holkham

"Out of Water was such a life changing experience for me... the memory of those days rehearsing together (my rope pulling skills have never been so well honed!) and then performing on the water's edge at dawn and dusk have stayed with me vividly ever since." Nick Bell, Portobello participant

"A wonderful melding of performance and landscape" Lyn Gardner, The Guardian

*"Jocelyn Pook's radiantly simple music [...] provides space for reflection as well as driving things forward, and the 30-strong troupe of actors and singers invite us warmly and convincingly into their strange reality" ***** David Kettle, The List

DOCUMENTATION

[Click here to watch the Out of Water short film](#)

[Click here to view more Out of Water images](#)

PREVIOUS TOUR DATES

August 2014 Portobello Beach, Edinburgh

June 2013 Fort Funston Beach, San Francisco

August 2012 Holkham Beach, Norfolk

HELEN PARIS & CAROLINE WRIGHT

Helen Paris is an award winning artist and writer who has been making performance work for twenty years and is co-artistic director of Curious. Her solo performances include *Best Before End* and *Family Hold Back* which have toured extensively in the UK and internationally, including Sydney Opera House, Guling Street Avant-Garde Theater in Taipei and the Ke Center for the Contemporary Arts, Shanghai. With Curious, noted works include *the moment I saw you I knew I could love you*, *Autobiology* and *On the Scent*. They have recently published *Performing Proximity* (Palgrave Macmillan, 2014) in which *Out of Water* is used as a case study. Helen is a professor of performance making at Stanford University.

Caroline Wright's work includes live performance and visual art that is often site-responsive. She works in mediums as diverse as glass and gold as well as the human body. Her recent works include *My Home is My Museum*, a performance exploring and celebrating peoples objects as they open up their homes, *On Tides and Fathoms*, a triptych of films exploring three rural buildings, *Significant Ties*, a socially engaged commission for the GroundUP project and *Sawdust and Threads*, a residency, exhibition and public programme that takes de-accessioned museum objects as its material.

Helen and Caroline have both been recipients of Artsadmin bursaries.

TECHNICAL SPECIFICATIONS

Get-in requirement	2 days
Get-out	1 day
Running Time	60 minutes
Travelling Company	4-10 people depending on scale

Out of Water is recreated for each location, and the scale can vary from small to large-scale. It is performed at sunrise dependant on tides and times. Volunteer singers and swimmers are recruited and rehearsed locally. A temporary FM Broadcast licence can be arranged.

PREPARATION

A site visit is necessary. There will be at least 3 rehearsals with the volunteer singers and swimmers during the week prior to the performance. Vehicle access is required as close to the performance space as possible.

ACCESSIBILITY

Our previous performances have included versions that can be accessible for wheelchair users and people who are visually impaired, and we would like to work with venues to continue this where possible.



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