

# Diasporas Now Formula Guidance for applicants



Photo credit: Diasporas Now RIEKO and Lulu Wang by Furmaan Ahmed

**Artsadmin**

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Artsadmin is committed to making Diasporas Now Formula as accessible as possible. We recognise that our systems and processes may create barriers, and we welcome conversations about access needs at any stage. If you experience any barriers or would like support with your application, please get in touch.

**Email:** [access@artsadmin.co.uk](mailto:access@artsadmin.co.uk) **Phone:** 020 7247 5102

We also welcome your feedback on this document. Please share your thoughts using this form:

<https://forms.cloud.microsoft/e/mUAX2bbgs6>

# About Diasporas Now Formula

Diasporas Now Formula is a collaborative performance workshop led by Diasporas Now, drawing on East Asian embodiment practices to explore diasporic identity, memory and belonging through creative exercises.

## What to expect

- A practice-led workshop exploring breathwork, sensory awareness, movement, sound, and improvisation.
- Opportunities to collaborate and co-create across disciplines and experience levels.
- Guided exercises focused on diasporic identity, memory, and belonging.
- A supportive, inclusive space that centres experimentation, collective authorship, and community in East London.

**Date & Time:** 1 August 2026, 14:00 – 16:00

**Location:** Toynbee Studios, 28 Commercial Street,  
London, E1 6AB

## Who is this workshop for?

This workshop is part of Whitechapel Gallery's *Backyard Biennial: East* programme, which highlights East London's rich history of migration, cultural exchange, and creative practice.

We are seeking up to 25 artists from the **Global Majority** and/or those based in **East London** to take part in an experimental, practice-led workshop exploring diasporic identity, embodied practice, and collaborative performance.

At Artsadmin, we recognise that artists from the Global Majority, along with their perspectives and approaches, are underrepresented in UK performance and arts spaces.

*Diasporas Now Formula* draws on diasporic histories, lived experience, and embodied knowledge, making it particularly resonant for artists shaped by these contexts.

## **Global Majority refers to people who are:**

- Black
- Asian
- Brown
- Dual heritage
- Indigenous to the Global South
- People who have been referred to as “ethnic minorities”

## **East London refers to the boroughs of:**

- Barking and Dagenham
- Hackney
- Havering
- Newham
- Redbridge
- Tower Hamlets
- Waltham Forest

Artists working across any discipline are welcome. Formal training is not required.

## How to Apply

You can apply via our online submission portal, open from **15 June** until **12pm on 30 June**. Applicants will be notified by **14 July 2026**.

### To access the submission portal:

- Click on the Apply Now button on the Open Call page
- Sign up/ log in to the portal
- Then hit '**Create an entry**' on the Dashboard page
- Choose **Diasporas Now Formula** from the list of forms

### Applications are first checked for eligibility, then assessed based on:

- Alignment between your interests/practice and the programme
- Your motivation for taking part

**The application form includes the following sections:**

## **Eligibility**

You will be asked to confirm whether you:

- Identify as a member of the Global Majority
- Live in East London

You may select one or both options.



## **Applicant Information**

You will be asked for:

- Your name
- Email address
- Pronouns
- Career Stage
- Location

## **About You and Your Practice (150 words max)**

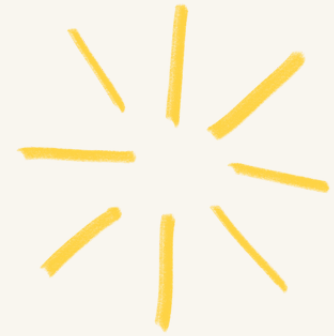
**This question asks about:**

- Your creative practice or interests
- What informs or influences your work

## **Why You Want to Take Part (150 words max)**

This question focuses on:

- Why this programme interests you
- What you are curious to explore



## **Your Website / Social Media Account**

You may share a website or social media links, if you wish.

## **Access and Dietary Requirements**

Please tell us about any access needs and/or dietary requirements in the application form. Sharing this info will not impact how your application is assessed.

## **Photography**

You can choose whether or not you are comfortable being photographed and provide any conditions if applicable.

**Privacy Consent**

You will also be asked to consent to your data being used for administering this programme.

**Diasporas Now Newsletter Subscription**

You can choose whether to receive updates from Diasporas Now. If you opt in, you'll be added to the newsletter mailing list and will receive information about opportunities, events, and news. Your choice will not affect how your application is reviewed.

# Frequently Asked Questions

## **Do I need performance experience to take part?**

No. Artists working across any discipline and at any career stage are welcome.

## **Are travel costs covered?**

Travel costs are not covered.

## **What should I wear or bring?**

The workshop will take place in a dance studio, so please wear comfortable clothing suitable for gentle movement. You are welcome to bring a water bottle and any medication you may need. You do not need to bring anything else.

## **How many places are available?**

There are 25 spaces available.

## **Will the workshop be photographed or documented?**

Photography may take place during the workshop. You can choose whether or not you consent to being photographed and can share any conditions in the application form.

# Contacts

If you have any questions about eligibility, access, or the application process, please contact:

[admin@artsadmin.co.uk](mailto:admin@artsadmin.co.uk)

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